



# Listening Ear Support Service

A free online chat  
service offering  
emotional support to  
**anyone** in need.



Online everyday from 6pm  
Remember – You are **NOT** alone  
[kellysheroes.org.uk](http://kellysheroes.org.uk)



*Your messages with us are confidential and anonymous*



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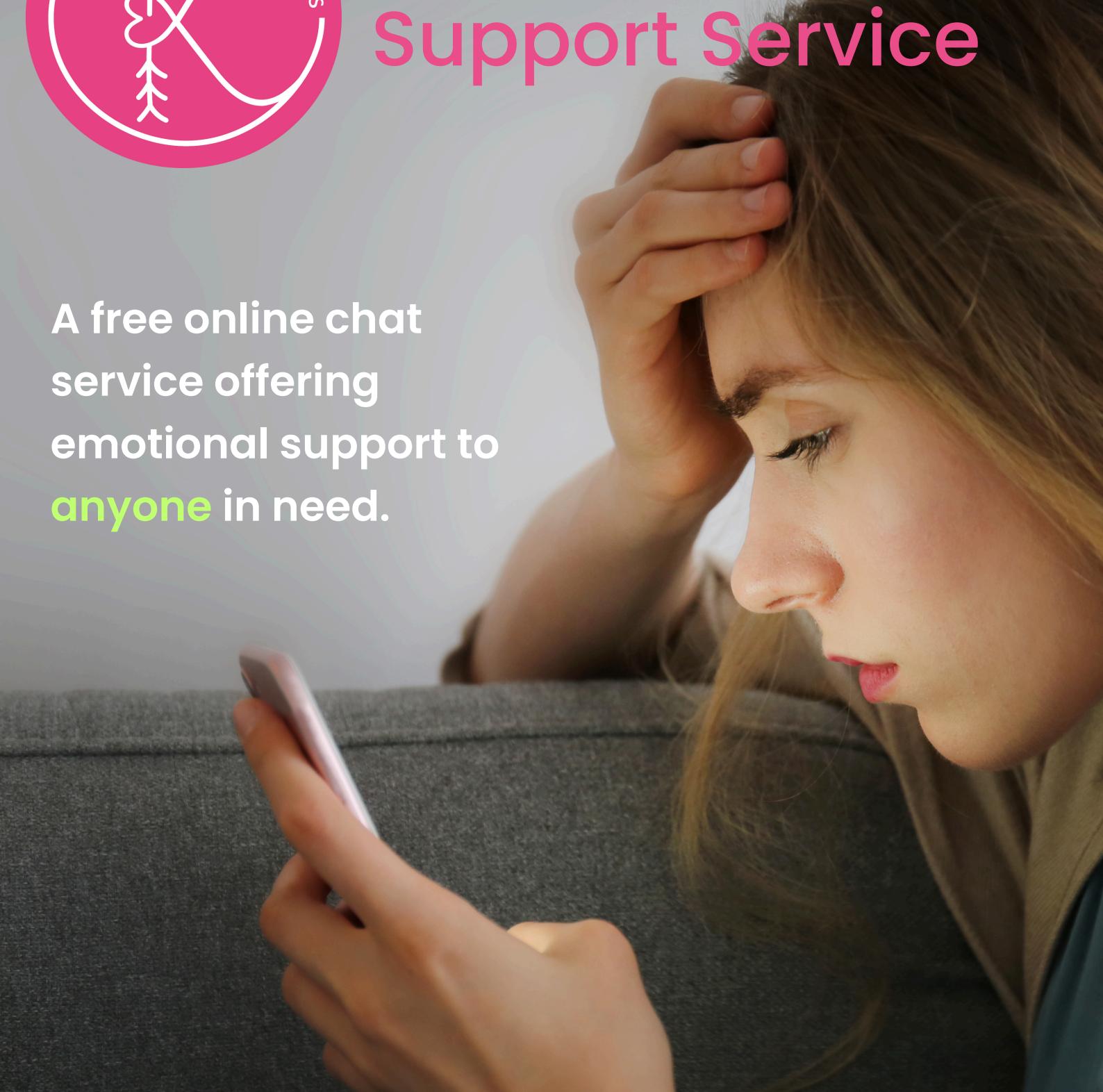


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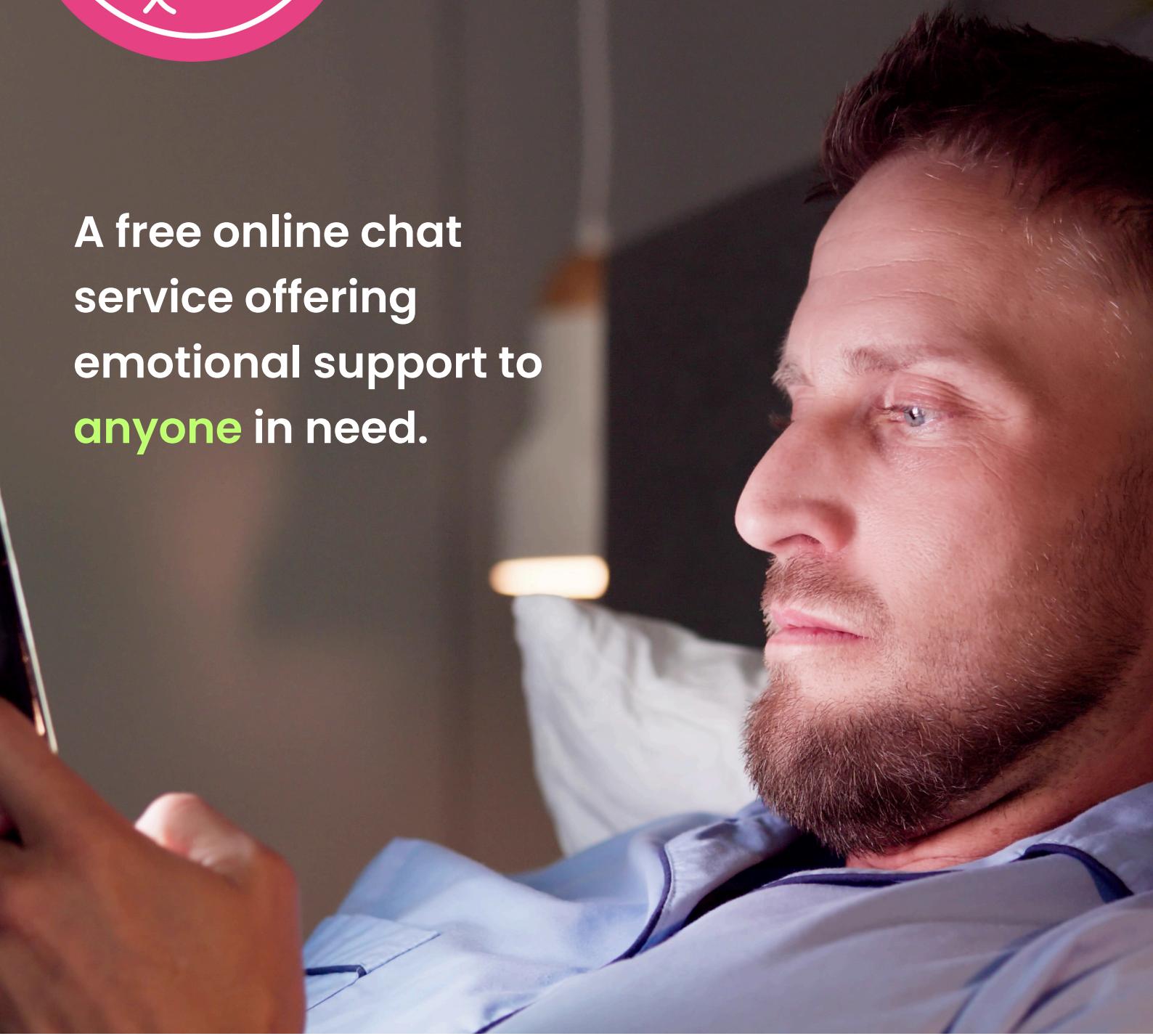


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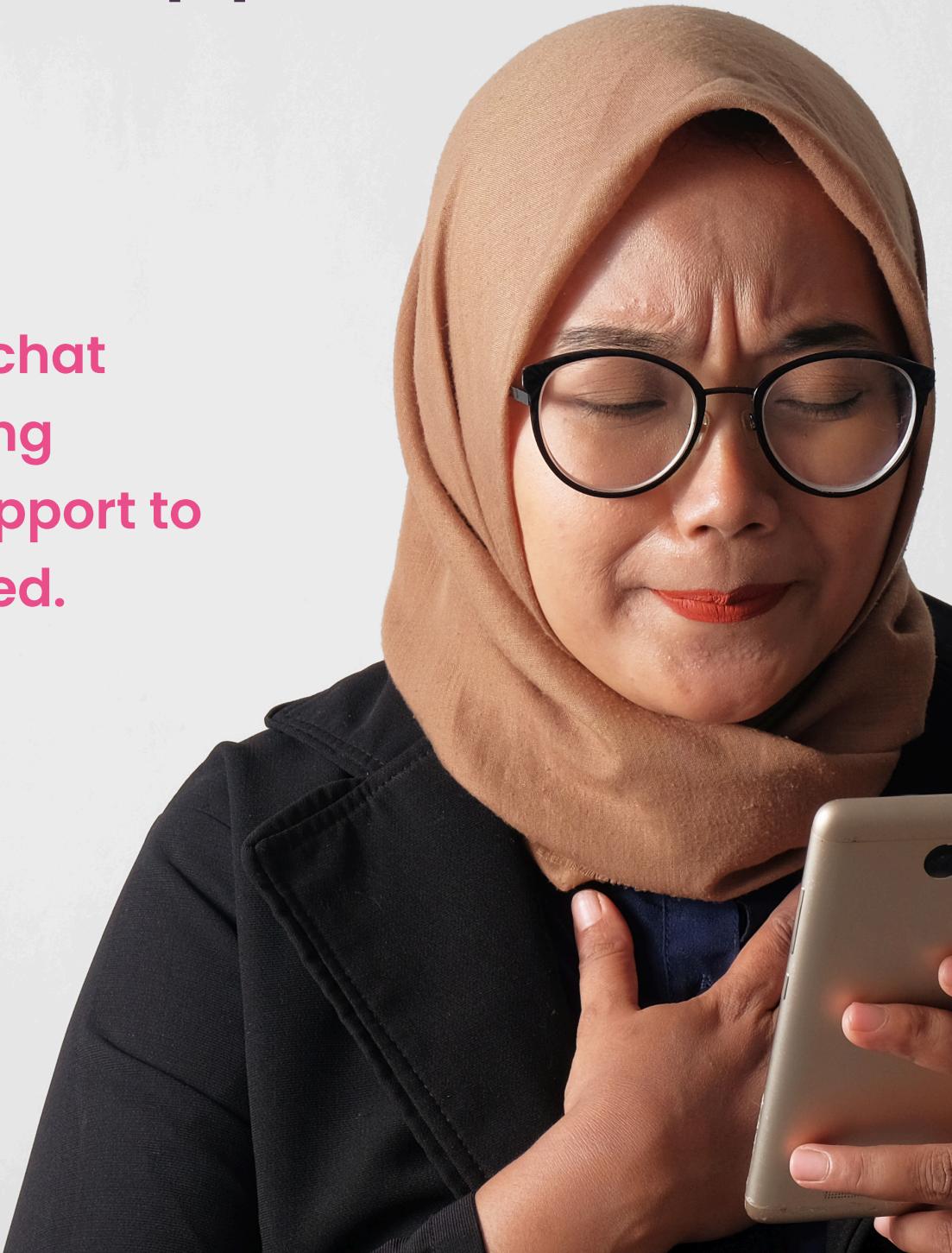


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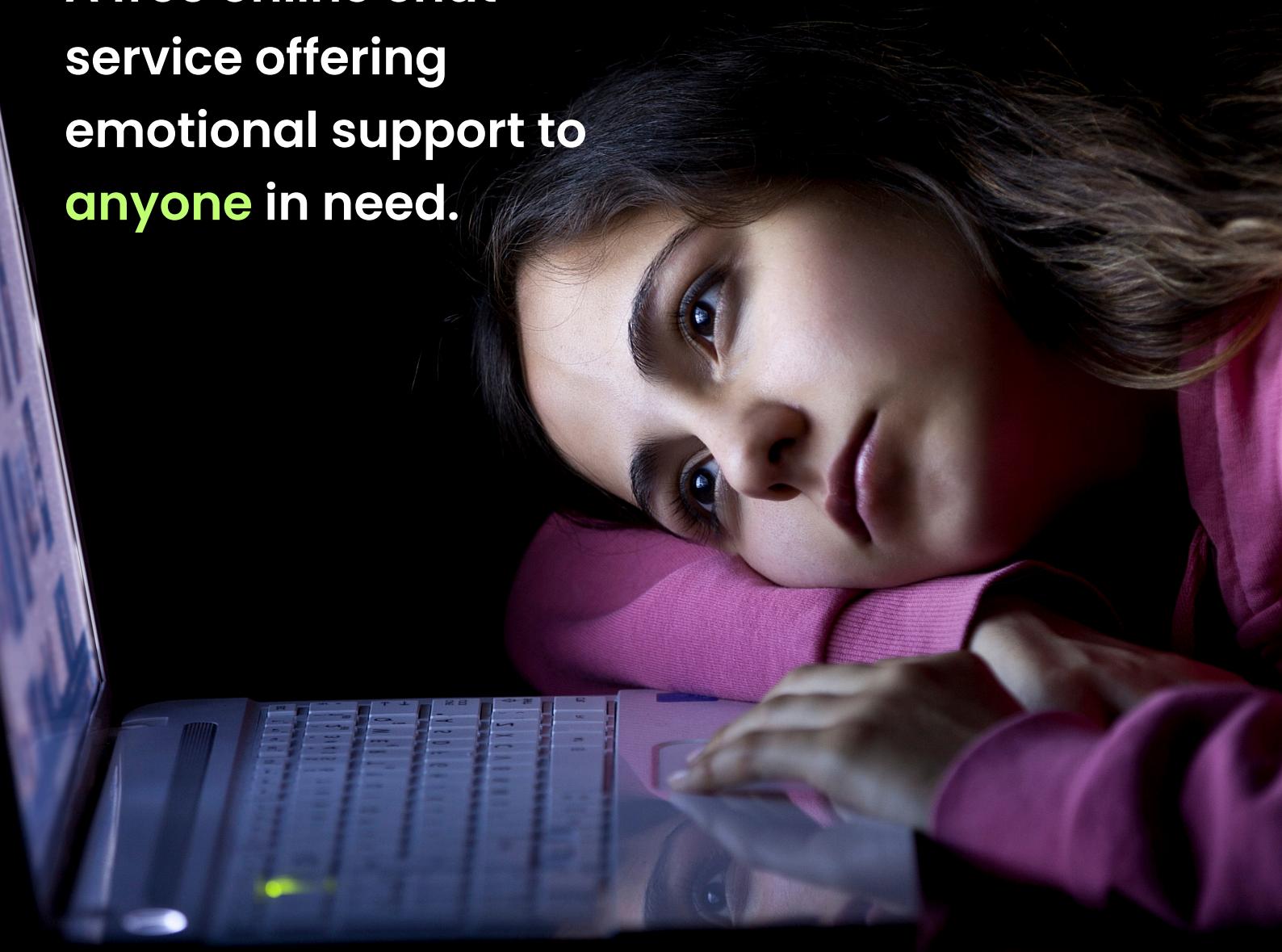


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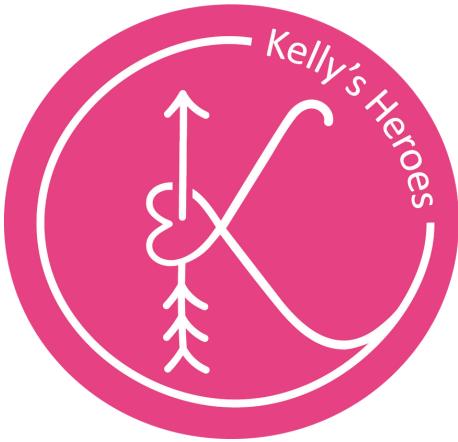
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# We've got you!



**Helping Communities  
Outreach & Awareness  
Prevention of Suicide  
Education for understanding**



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**[kellysheroes.org.uk](http://kellysheroes.org.uk)**  
**0800 0025 400**



Northamptonshire Mental health & Suicide Prevention Charity: 1182625