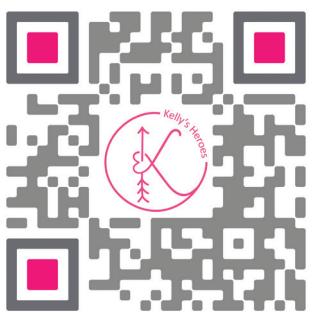


I'M PRETENDING
TO BE FINE.
ALL ISN'T WELL.
I'M BARELY
HOLDING IT
TOGETHER.

We've got you!

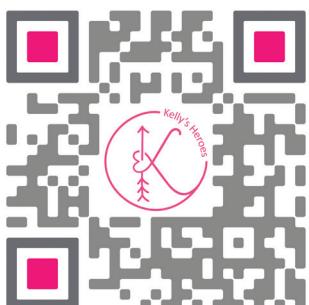


If you or someone you know is struggling with mental health, we can help. Our listening ear service is available from 6pm every evening.

Simply visit www.kellysheroes.org.uk

I DON'T THINK
I'M COPING.
I CAN'T HANDLE
THIS ON MY OWN.
IT'S NOT ALL IN
MY HEAD.

We've got you!



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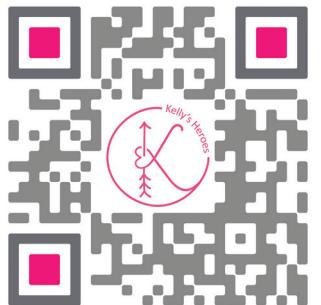
Simply visit www.kellysheroes.org.uk

HOW ARE YOU?

SOMETIMES WE SAY
OKAY EVEN WHEN
WE'RE NOT. YOU DON'T
HAVE TO PRETEND
YOU'RE FINE.

LET'S TALK.

We've got you!

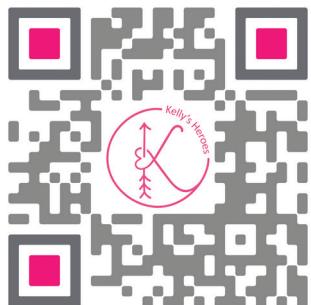


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**SHE'S DISTRESSED
AGAIN? I DON'T
DOUBT HER
COMMITMENT. SHE
HAS ISSUES AND
NEEDS SUPPORT.**

We've got you!

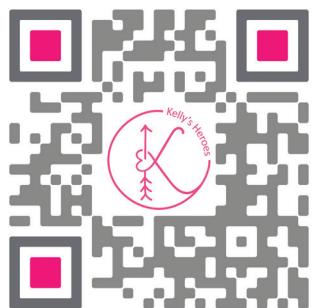


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**SOMETIMES YOU
JUST CAN'T GET
OVER IT. IT'S OKAY
NOT TO BE OKAY.**

We've got you!



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